

FREE

Vol. 25 Issue 35/14

Friday 5th - Thursday 11th September 2014



KINSALE ADVERTISER

INCLUDING THE GUIDE TO **WHAT'S ON** IN KINSALE & DISTRICT

Tel: 021 477 4313 :: Web: www.kinsaleadvertiser.com :: Email: info@kinsaleadvertiser.com

We believe
in **value**

Smith's of Kinsale
SuperValu
Real Food, Real People

Offers valid from Thursday 4th - Wednesday 17th September 2014



Save €80
each week of
Back to School

QUALITY MEATS
**3 FOR
€10**

Try our 3 for €10 meats with five varieties to choose from.



Offers in this leaflet valid from Thursday 4th September - Wednesday 17th September 2014 unless otherwise stated, while stocks last. Prices correct at time of going to print. Offers available in participating stores only, while stocks last. Customer quotas may apply.

Phone: 021 4772843 Fax: 021 4773137 Email: kinsale@supervalu.ie Online: shop.supervalu.ie

OPENING HOURS: MONDAY TO SATURDAY: 8am-9pm SUNDAY: 9am-9pm

KENNEDY'S OPTICIANS

Pearse St., Kinsale

Keeping Kinsale Focused

Tel: 021 4773595

**All children should have a
Sight Test before school age.**

NEW STOCK

Ray-Ban adidas

CONVERSE

streetkids
international

Ferrucci

blinx EYESPY

and lots more...

OPENING HOURS: TUES TO THURS: 9.30am-5.30pm, FRI: 8.30am-5.30pm, SAT: 9.30am-3.00pm

The Spaniard

SCILLY, KINSALE

Tel: 477 2436 | www.thespaniard.ie

Friday 5th September

JUG A PUNCH 10pm

Saturday 6th September

FOR FOLK SAKE 10pm

Sunday 7th September

SKELLIG 7pm - 9pm

Wednesday 10th September

SKELLIG 9pm - late

Food Served All Day Friday - Sunday

Restaurant Open 7 Days
Fantastic New Menu

Now Serving Roast of the Day

~ Private Parties Catered For ~

Call 021 4772436 for details.

BANDON TUITION CENTRE

West Cork's Premier Grind School

**NOW ENROLLING FOR GRINDS
ALL SUBJECTS / ALL LEVELS**

Ag Economics

Ag Science

Spanish

*available as
extra subjects*



NEW: SUPERVISED STUDY NOW AVAILABLE

Tel: **023 8844447**

Email: bandontuitioncentre@eircom.net

Web: www.bandontuitioncentre.com

Apéritif

WINE & TAPAS BAR
@ BLUE HAVEN

THURSDAY 18TH SEPT

From 6pm

Tapas & Wine Night

7 COURSE TAPAS & WINE TASTING MENU

SELECTION OF WINES TO TRY
FROM AROUND THE WORLD

PIANO PLAYER



PLACES
€30
per person

TO BOOK YOUR TABLE CALL 021-4772209 | INFO@APERITIFKINSALE.COM

www.aperitifkinsale.com



www.twitter.com/kinsalenews

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www.facebook.com/KinsaleNews





CHECK OUT OUR... WORLD BEERS MENU

Unrivalled selection inc: Fuller's Honey Dew Lager, O'Hara's IPA, Old Speckled Hen, Hobbogoblin Ale, London's Pride Ale.
 NEW ON TAP: Proper Job IPA, Tribute, O'Hara's Red Ale, Stowford Press Westons Cider, Metal Man Cask Ale, 8° Howling Gale, Abbot Ale, Bru Rua, Kinsale Lager.

Music Venue
 Guardwell, Kinsale
 T: 021 4772382
www.folkhousevenue.com

...ALSO UNRIVALED WHISKEY SELECTION!
 OVER 80 TO CHOOSE FROM!
 IRISH WHISKEY TASTINGS AVAILABLE



Member of the Ireland Whiskey Trail

NEW GIN MENU AVAILABLE
 Over 40 to choose from!



ALL PARTIES ALL OCCASIONS CATERING FROM 3 TO 300

ALL SPORTS SHOWN ON 2 BIG SCREENS

FRI 5th SEPT
 10.30pm

BAREFOOT GYPSIES

4 Piece Rock Covers

SAT 6th SEPT
 10.00pm

CADILLAC CATS

4 Piece Blues/Rock Covers

SUN 7th SEPT
 9.00pm

KING K

5 Piece Rockin Covers

WED 10th SEPT
 9.30pm

BIG SWINGING MIKEYS

3 Piece Folk/Contemporary Covers

THUR 11th SEPT
 9.30pm

JAWBONE

2 Piece Folk/Rock Covers

FRI 12th SEPT
 10.30pm

GDR

3 Piece Folk/Rock Covers

SAT 13th SEPT
 10.00pm

KING K

5 Piece Rockin Covers

Bacchus Nightclub

FRI 5th SEPT - DJ MARK

All the Old & New Classics. Doors 11:30pm - Free b4 12:00am

SAT 6th SEPT - DJ SEAN

90s Club Classics & Chart. Doors 11:30pm - Free b4 12:00am

THUR 11th SEPT - DJ MARK

All the Old & New Classics. Doors 11:30pm - Free b4 12:00am

TRIDENT

HOTEL / KINSALE



BAR & SNACK MENU

Available daily from noon - 9pm.
(Full menu available online)

POPULAR CARVERY

Served daily is a lunchtime
favourite, 12.30 - 2.30pm.


CHILDREN'S MENU

Bring friends & family.

*Relax & enjoy outdoor
seating overlooking the marina.*

Saturday 6th September

*Live Music with
Tim O Riordan*

 FREE WiFi available to customers



Tel: 021 477 9300 Email: info@tridenthotel.com Website: www.tridenthotel.com

INTRODUCING THE NEW

KINSALE HEALTH & WELLBEING CENTRE

Qualified Professional Therapists & Practitioners under one roof!

Jason Cowell

IACP, IAAAC, BSocSc.(Hons), H.Dip.
PSYCHOTHERAPIST & ADDICTION COUNSELLOR
087 135 9198

Counselling and Psychotherapy,
Addiction Counselling.



Biodynamic Craniosacral Therapist

Geoff Caird B.C.S.T.
087 839 1973

Craniosacral Therapy makes you feel better!

Kinsale Health Therapies

Elaine Fitz Gibbon ITEC, CThA
THERAPEUTIC HEALTH PRACTITIONER
086 819 9924

Deep Tissue/Therapeutic Massage, Reflexology,
Pre-Natal Massage and Reflexology, Reiki Energy Healing,
Accunect (Ancient Wisdom).



Counselling, Psychotherapy & Supervision Services

Sharon O'Leary MIACP Accredited
087 1339153

Counselling, Psychotherapy and Supervision Services.

ALTO HOLISTICS

Sarah Tubridy ITEC, ARCTI
COMPLEMENTARY HEALTH THERAPIST
087 912 7271

Massage, Deep Tissue, Reflexology, Lymphatic Drainage
Massage, Touch for Health Kinesiology, Aromatherapy, Reiki,
Indian Head Massage, and The Jardin Secret Ritual Facial.



Kinsale Chiropractic

Joanna Daly DC, MChiro, LRCC, NMT, BSc(Hons)
CHIROPRACTOR
021 477 2445

EFFECTIVE IN THE TREATMENT OF:
Back Aches & Pain, Neck Pain, Restricted Movement, Rib,
Thorax & Upper Back Pain, Arm, Pregnancy etc.

FACIAL ACUPUNCTURE FACIAL REJUVENATION AYURVEDIC FACIAL

Marion King Registered Physical Therapist, I.I.P.T.
087 7744676

Deep Tissue Massage, Physical Therapy, Reflexology.
Register of Physical Therapists Ireland.



Craniosacral Therapy

Elma O'Sullivan CST-T MIACST Dip Phys
CRANIOSACRAL THERAPIST
086 8126010

Craniosacral Therapy, General and Paediatrics.

Our therapists welcome you to contact them directly
for more information or to book an appointment.

We look forward to seeing you soon!

Flyers and cards available in centre.

OPEN DAY COMING SOON

Elite Pilates

KINSALE



INTRODUCTORY OFFER
40% OFF FIRST 2 CLASSES WHEN YOU BOOK ONLINE

'NEW' AUTUMN TIMETABLE

MONDAY

- 9am REFORMER
- 10am PILATES MAT L2/3
- 11am PILATES MAT L1
- 4pm BEGINNERS BARRECONCEPT
- 6pm REFORMER L1
- 7pm REFORMER L2
- 7pm BEGINNER PILATES MAT
- 8pm MEN ONLY REFORMER
- 8pm BARRECONCEPT

TUESDAY

- 9am BEGINNER REFORMER
- 10am REFORMER L1
- 11am 50+ REFORMER
- 7.30pm REFORMER
- 7.30pm PILATES MAT L2
- 8.30pm REFORMER

WEDNESDAY

- 10am BARRECONCEPT
- 11am REFORMER
- 11am MUMS & BUBS PILATES
- 6pm REFORMER L2
- 7pm BEGINNER REFORMER
- 8pm REFORMER L1

THURSDAY

- 9am REFORMER
- 10am 50+ REFORMER
- 11am BEGINNER REFORMER
- 7pm REFORMER
- 8pm BARRECONCEPT

FRIDAY

- 9am BOOTCAMP REFORMER
- 10am PILATES CORE BLAST

SATURDAY

- 8am BARRECONCEPT
- 9am REFORMER L1/2
- 10am REFORMER L1



Antenatal classes starting soon!

www.elitepilates.ie Phone Trudy: 087 6106 285

All classes are held in Rogue Fitness, The Granary, Kinsale.



www.twitter.com/kinsalenews

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www.facebook.com/KinsaleNews





*Visit the Cobh
Heritage Centre*

**Learn about Cobh's
connection with:**

- The Titanic
- The Lusitania
- The Great Famine
- Emigration to
North America
- Convict Ships
to Australia

Gift Shop and Café

www.cobhheritage.com





Actions

of Kinsale

New Term, New You!

PERSONAL TRAINING

1hr sessions €20 (member)
or €30 (non member)
or 6 Week Body Blast
Programme €199

- 2 personal training sessions per week
- 1 class per week
- All tailored to your ability
- An initial consultation
- Nutritional advice
- A closing consultation & future plan
- Use of facilities during 6 weeks

Outdoor Training Available

NUMBER OF DIFFERENT CLASSES AVAILABLE:

Reebok Cycle • Circuits
Pilates • Aqua Aerobics
Swimming Lessons
(Pool Restrictions)
Parent & Toddler

Contact the Leisure Club to book
and for more information

MEMBERSHIP

*With the kids going back to school now there is time for the Gym.
Various Membership options available to suit everyone.*

3, 6 & 12 month memberships starting from €40 per month

FACILITIES INCLUDE:

15m Heated Swimming Pool • A Separate Toddler's Pool
Sauna, Steam Room, Whirlpool Spa • Neck, Back and Body Jets around the Pool
Technogym CV & Weight Equipment • Stretch Area / Aerobic Floor Area
Personal Training

FREE PERSONALISED FITNESS ASSESSMENTS

For more info on any of the above please contact the Leisure Club on 021 477 2345

EXCLUSIVE OFFER

FREE Massage

CARLTON
HOTEL & C SPA
KINSALE



Enjoy an award winning
Elemis Advanced Facial and receive
a FREE Back, Neck & Shoulder Massage

- Take time out and enjoy complimentary
herbal tea & fruit juices in our relaxation room
- Unlimited use of Club Health & Leisure

Only **€89** per person, saving you €45!



Book Now. Call (021) 470 6625

Email: spamanager@hotelkinsale.ie
www.carltonkinsalehotel.com



Subject to Availability
T&C's apply



AUTUMN PROGRAMME AT KINSALE OUTDOORS



NAVIGATION AND YACHTMASTER SHORE BASED PROGRAMME

New course format

FIRST AID, VHF COURSES

Check website for details

KAYAK CLUB

Starts 13th Sept 10am to 1pm

6 weeks of fun afloat

Beginners & experienced kayakers welcome



WINTER KAYAK PROGRAMME

will include ICU level 1 – 3 Proficiency

Weekend trips (Day and overnight)

SEA KAYAKING TRIPS

in Kinsale Harbour & Old Head/ Garretstown area. Kayaking with us will take you from flat water to white water, sea kayak trips & surf kayaking days.



CLUB ALSO AVAILABLE TO UNDER 16s ON DEMAND

Contact us for further information



**Book online at www.kinsaleoutdoors.com
or call us on 021 4772 896**



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www.facebook.com/KinsaleNews



Pearse Street, Kinsale
(above Eurospar)

THE KINSALE SALON



MASSAGE • BEAUTY • HAIR & NAIL

BY ANIKA & SANDRA

Gift Vouchers available • Salon open Monday to Saturday

Check out our price list on www.kinsalebeautysalon.com

*Phone us on **087 783 9626** to book an appointment.*

ALL TYPES OF NAILS

GEL/ACRYLIC • 2 WEEK GEL • NAIL ART • PEDICURES • MANICURES

AUTUMN SPECIAL OFFER

Back Massage (30 minutes) _____ **ONLY €20**

Multi-Vitamin Full Body Massage (90 minutes) Ladies **€45** Gents **€50**

Deep Tissue Massage (90 minutes) _____ Ladies **€45** Gents **€50**

Swedish Massage (90 minutes) _____ Ladies **€45** Gents **€50**

Sports Massage (90 minutes) _____ Ladies **€45** Gents **€50**

Golfers Massage (90 minutes) _____ Ladies **€45** Gents **€50**

NOW AVAILABLE - OUR NEW...STATE OF THE ART...

ERGOLINE STAND UP SUN ROOM

Achieve that perfect all over tan in a matter of minutes!!!!

***NEW* TO THE KINSALE SALON**

The "Revolutionary" IPL+RF

(Intense Pulsed Light and Radio Frequency)

IPL is very effective in Permanent Hair Removal and also for treating broken capillaries (spider veins) and age spots. IPL also stimulates the production of collagen, which plumps up the skin - therefore helping diminish fine lines & wrinkles.

NEW TERM? WHY NOT CARPOOL!

Carma matches you with your Kinsale neighbours, so you can share trips, save money, and reduce traffic.

Kinsale



Cork

Rider Savings:

Bus ticket from Kinsale to
Cork: **€6.74** (student fare)

Carmapool from Kinsale to
Cork: **€3.00**

Driver Savings: €2.50 per
rider.

Download Carma today



www.carmacarpool.com



KINSALE RFC

Sharks Rugby



TRY RUGBY DAY

Underage Training is back
on Saturday 6th Sept, 10am

Fun & Games for 6-12yr olds

**Youth Coaches will be there to answer
your questions about Youth Rugby**

**Café serving Nespresso coffees &
delicious home baked cakes and scones.**

For further info please check our website or contact
Peter, Youths Officer: 086 284 1747 or Kim, Minis Officer: 087 7973868



Riverstick Kinsale A.C. and K.Y.S.S.
Present



KINSALE

5 MILE ROAD RACE

Sunday 7th September, 2014 at 11am

Entry - €10

Race starts at Kinsale RFC

FAMILY WALK - 10.30am

Walk starts at Kinsale RFC and will go via
Charlesfort, Summercove, Scilly Walk
and finishes at Actons Hotel

Entry - €10 per family

€5 per individual

Fundraising event in aid of



Registration from 9.00am • To pre-register please email kinsalerfcdrace@gmail.com

Contact: kinsalerfcdrace@gmail.com or John 086-8199611





KPS

CARPET
from €7.99yd²

**NEW
BATHROOM
TILES**
from €11.99yd²



**TIMBER
FLOORING**
from €8.99yd²



**BATHROOMWARE • FULL RANGE OF TILES
CARPETS • FULL RANGE OF TIMBER FLOORS**

Kinsale Tile Store, Guardwell, Kinsale

T: 021 4772966 F: 021 4773243

E: info@kinsaletiles.com www.kinsaletiles.com

FITZGERALD & PARTNERS

Registered Auditors & Accountants

No. 9 Pearse Street, Kinsale, Co. Cork Tel: 021 477 4500 Fax: 021 477 7374

ARE YOU READY FOR YOUR 2013 INCOME TAX RETURN?

We have worked with thousands of individuals over the last 15 years on their tax returns. By giving you a fixed, competitive price, we can take the worry away when it comes to self assessment tax returns; allowing you to concentrate on running your business.

The most common reasons that a tax return may be required are as follows:

- You are self employed or a partner in a partnership
- You are a company director
- You have rental property income
- You have large amounts of savings or investment income
- You have bought/received or sold shares
- You own land or property that is being let
- You have income from overseas
- You have sold or given an asset away (such as a holiday home or some shares)

If you want to make sure you are paying the right amount of tax, you should consult a professional.

At Fitzgerald & Partners Accountants we use Revenue approved software to:

- Complete your tax return
- Calculate your tax liability
- File the return online
- Liaise with you on the amounts to be paid and when they are due

We have an income tax questionnaire to make sure that we are claiming for all allowable deductions.

In addition, we can analyse your self assessment tax return to see if any tax savings can be made and we can also review the form to see if there are any anomalies that need to be addressed before the return is submitted. This process helps to minimise your risk of a Revenue enquiry into your tax affairs. If you are experiencing cashflow problems, we can explore the possibilities of deferring your tax payments or negotiating a payment plan with Revenue on your behalf.

We are a firm of SME business advisors and accountants with an experienced team and also work on International tax planning assignments.



www.fitzgeraldandpartners.com

Follow us on:   

Registered to carry out audit work and authorised to carry on investment business by the Institute of Certified Public Accountants in Ireland.

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LUCY FRENCH SCHOOL OF DANCE

NEW TERM BEGINS ON MONDAY SEPTEMBER 8TH

All students places have been kept from last term, please let us know if your child will not be returning. Students taken from 2½ - 18 years of age.

MONDAY

3.30-4.15 Boy's Hip Hop and Breakdance (Age 6-8)
4.15-5.00 Hip Hop A (Age 8-10)
5.00-5.45 Hip Hop B (Age 10-12)
5.45-6.30 Boy's Hip Hop and Breakdance (Age 9+)
6.30-7.30 Hip Hop C (1st and 2nd years)
7.30-9.00 Senior Hip Hop (3rd year +)

TUESDAY

4.00-4.45 RAD Grade 3 Ballet (Beginners age 10+)
4.45-5.30 RAD Grade 3 Ballet
5.30-6.30 RAD Grade 5 Ballet
6.30-7.30 RAD Inter Foundation Ballet
7.30-9.00 Contemporary
(3rd year +, must have ballet experience)

WEDNESDAY

3.00-3.30 Baby Ballet (Age 2½-3½)
3.30-4.00 Pre School Ballet (Age 3½-4½)
4.00-4.45 RAD Pre Primary Ballet (Exam Class)
4.45-5.30 RAD Primary Ballet
5.30-6.15 RAD Grade 1 Ballet
6.15-7.15 RAD Grade 2 Ballet
7.15-8.15 RAD Grade 5 Ballet
8.15-9.15 RAD Intermediate Ballet

THURSDAY

3.30-4.30 Jazz A (Age 6-8)
4.30-5.30 Jazz B (Age 8-10)
5.30-6.30 Jazz C (Age 10-12)
6.30-7.30 Senior Jazz (Age 12+)
7.30-9.00 Jazz Repertoire
(3rd Year +, Must have Jazz dance experience)

FRIDAY

4.00-5.00 RAD Grade 3 Ballet
(Age 10+ Beginners)
5.00-6.00 RAD Grade 3 Ballet
6.00-7.00 RAD Intermediate Foundation Ballet
7.00-7.45 Intermediate Foundation Pointe Class

SATURDAY

9.00-9.30 Baby Ballet (2½-3½)
9.30-10.00 Pre School Ballet (3½-4½)
10.00-10.45 RAD Pre Primary
10.45-11.30 RAD Primary (New Class - Age 6+)
11.30-1.00 Teenage Beginner Ballet
(New Class - Age 12+)
1.00-2.30 RAD Intermediate
Ballet and Pointe

For availability and to book a place please call Lucy on

087 9521463 or 021 4773553

info@lucyfrenchschoolofdance.com www.lucyfrenchschoolofdance.com

PLEASE NOTE THAT PLACES ARE LIMITED SO EARLY BOOKING IS ADVISED.

OVER **50** YEARS IN HEARING SOLUTIONS
Leaders in digital hearing aid technology

**FREE
HEARING
TEST**

FREE hearing test
and consultation.

PRSI grants available*.

Renowned
aftercare service.

30 days
"money back" trial.

e|egans
HEARING CENTRE

KINSALE MEDICAL

NEW ROAD, KINSALE, CO.CORK

Clinics also in Ardfert, Bandon, Cahirciveen, Cobh, Cork City, Dungarvan, Killarney,
Macroom, Mallow, Middleton, Millstreet, Mitchelstown, Skibbereen & Waterford

To book your FREE HEARING TEST call (021) 427 6414 | www.eganshearing.ie



Kinsale College
Now Enrolling
for 2014 / 2015

• **Office Admin**
FETAC Level 5
Mon - Fri: 10am - 2pm

Graduates of this course may apply for employment in a number of care settings, including: **Care Homes, Working for Agencies**, and much more!

We Welcome **Adult Learners and School Leavers**. Back to Education Initiative welcome! **NO CAO POINTS NEEDED**

Download a 2014 Prospectus from www.kinsalecollege.ie
T: 021 477 2275
E: kinsalefurthered@eircom.net
W: www.kinsalecollege.ie



Kinsale College
Coláiste Chionn tSáile



Kinsale College
Now Enrolling
for 2014 / 2015

• **Drama**
FETAC Level 5 & 6
Tues - Fri: 10am - 4pm

Graduates of this course may pursue careers in: **Acting, Theatre Production, Theatre Writing and Teaching**, and much more!

We Welcome **Adult Learners and School Leavers**. Back to Education Initiative welcome! **NO CAO POINTS NEEDED**

Download a 2014 Prospectus from www.kinsalecollege.ie
T: 021 477 2275
E: kinsalefurthered@eircom.net
W: www.kinsalecollege.ie



Kinsale College
Coláiste Chionn tSáile





Kinsale College
Now Enrolling
for 2014 / 2015

• **Professional Cookery**
FETAC Level 5

Mon, Weds & Thurs: 10am - 4pm
Graduates of this course may apply for employment in: **The Hotel and Catering Industry, Restaurants, Cafés, Hotel Kitchens** and much more!

We Welcome **Adult learners and School Leavers**. Back to Education Initiative welcome! **NO CAO POINTS NEEDED**



Download a 2014 Prospectus from www.kinsalecollege.ie
T: 021 477 2275
E: kinsalefurthered@eircom.net
W: www.kinsalecollege.ie



Kinsale College
Now Enrolling
for 2014 / 2015

• **Childcare**
FETAC Level 5 & 6

Mon, Weds & Thurs: 10am - 4pm
Graduates of this course may apply for employment in: **Nurseries, Crèches, Pre-Schools, Day Care, Primary Schools** and much more!

We Welcome **Adult learners and School Leavers**. Back to Education Initiative welcome! **NO CAO POINTS NEEDED**



Download a 2014 Prospectus from www.kinsalecollege.ie
T: 021 477 2275
E: kinsalefurthered@eircom.net
W: www.kinsalecollege.ie



TEMPO CAFÉ

(COFFEE-BAR-STYLE)

Youth Music Evening

Live music all night from JOANNA MARIE

REFRESHMENTS & SNACKS AVAILABLE ON THE NIGHT

FREE ENTRY Age 15yrs+

SATURDAY 6TH SEPTEMBER 9pm - 11pm
TEMPERANCE HALL KINSALE

See www.kinsaleabc.ie for more details



KINSALE GAA



Congratulations to Seamus McCarthy who won €4000 in the Final Club Development Draw. Thank you to everyone who supported the draw. Tickets will be on sale again soon!



Well done to Sadhbh O'Leary and the Cork U16s who won the All Ireland Final v Dublin.

Good luck to Orla Finn in the Senior Semi-final at the weekend.

Cork v Armagh in Longford on Saturday 6th Sept, live on TG4 at 3.30pm.

For more info check out our website www.kinsalegaa.com and Facebook 



Instructor Mark Buckley
6th Degree Black Belt, First Aid Certified,
Garda Vetted, Qualified Coach

FUN ★ EXCITING ★ SPORT
for **KIDS**



SCOIL NAOMH ELTIN, KINSALE
WEDNESDAYS

Kubz: **5.30pm - 6.15pm** (ages 4 - 6)
Taekwon-Do Juniors: **6.15pm - 7.15pm** (ages 7 - 12)

FRIDAYS
Taekwon-Do Juniors: **6.45pm - 7.45pm** (ages 7 - 12)
Seniors: **7.45pm - 8.45pm**



Call or Text 086 822 0107



Cork ITA



The Lord Kingsale

BAR • GUESTHOUSE • FUNCTION ROOM
LUNCH & EVENING MEALS
Traditional home-cooked food
served Monday to Saturday

Our fully licenced Function Room can cater
for any special occasion: Christenings,
Anniversaries, Small Weddings, etc.

SATURDAY 6th AUGUST
Live Music with Eva & Lee
1st time at the Lord Kingsale

SPORTING EVENTS ON TV

Web: www.lordkingsale.com
Email: info@lordkingsale.com



The Lord Kingsale | 4 Main Street, Kinsale | 021 477 2371



K-CORD
KINSALE COMMUNITY
RESPONSE TO DEMENTIA

Café

is reopening

**Come join us for a cuppa, information, support
and social activities.**

**Every Wednesday
11.00am-12.30pm**

At The Friary Centre Kinsale

For more information contact Liz at 4709700



K-CORD
KINSALE COMMUNITY
RESPONSE TO DEMENTIA

**Volunteer
Evening**

Trident Hotel Kinsale

Thursday 11th September: 7.30pm-9.00pm

To say thank you to our volunteers and to invite new
volunteers to come along and find
out about our Volunteer Programme

Light refreshments will be provided

ALL WELCOME

for further information contact Liz at 4709700



Bulman Bar & *Toddies Restaurant*

SUMMERCOVE, KINSALE

T: 021 477 2131 www.thebulman.ie

Saturday 6th September 10pm
CRAZY CHESTER

BAR FOOD SERVED

SUN & MON: 12.30pm - 5pm

TUES - SAT: 12.30pm - 5pm & 6pm - 9pm

RESTAURANT OPEN

TUES - SUN at 6.30pm




Happy Hill
Montessori Playschool

**NEW PRE-SCHOOL
OPENING IN SEPTEMBER**



*Small numbers
ensure personal
attention.*

Happy Hill Montessori
Playschool,
Compass Hill, Kinsale

For details call Sue O'Riordan 087 8525798



AA ROSETTE

The
White House
KINSALE



Guest Accommodation
4 Star AA Guesthouse

BREAKFAST SERVED

8am - 11.30am

FOOD SERVED 12pm - 10pm

*Serving Fresh Seafood, Shellfish,
Steaks & Lamb Dishes
Delivered daily by local producers*

~ **LIVE MUSIC** ~

Friday 5th September

SHANE & FRIENDS

Saturday 6th September

PUC AR BUILE

Tuesday 9th September

LEON BUCKLEY 9pm

Thursday 11th September

SHANE & FRIENDS 9pm

~ **LIVE SPORTS** ~

Sunday 7th September, 3.30pm

**ALL IRELAND HURLING FINAL
KILKENNY v TIPPERARY**

Sunday 7th September, 5pm

**EURO 2016 QUALIFIERS
GEORGIA v IRELAND**

sky SPORTS AT THE RACES

AA Rosette Award for Culinary Excellence 2006-2013
A Member of the Kinsale Good Food Circle

Your hosts **The Frawley Family & Staff**



Tel 021 477 2125

www.whitehousekinsale.ie



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Kinsale
DEEP SEA Angling

- 43' Aquastar 'HARPY' Island-wheelhouse.
- Fast, Safe, Comfortable, Loo, Heated cabin.
- FISHING, WILDLIFE TRIPS, DIVING.
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Clonakilty Office 023 8858770
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☆ Please contact the office as times may vary.
FINE GAEL

FRI 5th SEPTEMBER

ADVICE CLINIC:
With Jim Daly TD,
Trident Hotel, 12.30pm.

ARMADA BAR:
Martin Baylor.

BACCHUS NIGHTCLUB:
DJ Mark, 11.30pm.

BLUE HAVEN:
Arundo & Irish Dancers.

DON & BARRY'S HISTORIC STROLL:
The Tourist Office
9.15am, 11.15am.

FOLKHOUSE:
Barefoot Gypsies, 10.30pm.

HAMLETS: DJ.

HARBOUR CRUISE:
2pm & 3pm.
Departs beyond Actons.

HERITAGE TOWN WALKS:
10.30am from the
Tourist Office. Also by
appointment.

SILENT BANJO:
The Sun Kings, 10.30pm.

SPANIARD:
Jug A Punch, 10pm.

WHITE HOUSE:
Shane & Friends.

SAT 6th SEPTEMBER

ARMADA BAR:
Free Beer.

BACCHUS NIGHTCLUB:
DJ Sean, 10.30pm.

BLUE HAVEN:
Sons of Steve McQueen.

BULMAN:
Crazy Chester, 10pm.

DON & BARRY'S HISTORIC STROLL:
The Tourist Office
9.15am, 11.15am.

FOLKHOUSE:
Cadillac Cats, 10pm.

HAMLETS:
DJ.

HARBOUR CRUISE:
2pm, 3pm & 4pm.
Departs beyond Actons.

HERITAGE TOWN WALKS:
10.30am from the
Tourist Office. Also by
appointment.

KINSALE GAA:
Senior Girls Semi-Final, Cork
v Armagh on TG4, 3.30pm.

KINSALE RFC:
Try Rugby Day, all welcome.
Underage Training 10am.

LORD KINGSALE: Eva & Lee.

SILENT BANJO:
Blue Steel, 10.30pm.

SPANIARD:
For Folk Sake, 10pm.

TEMPO CAFE:
Youth Music Evening at
Temperance Hall,
9pm - 11pm.

WHARF TAVERN AT THE TRIDENT: Tim O Riordan.

WHITE HOUSE: Puc Ar Buile.

SUN 7th SEPTEMBER

ARMADA BAR:
Bobby & Eileen.

BLUE HAVEN:
Darren & Friends.

CAR BOOT SALE: Belgooly
GAA Pitch, 1pm-5pm.

DON & BARRY'S HISTORIC STROLL:
The Tourist Office, 11.15am.

FOLKHOUSE: King K, 9pm.

HAMLETS: DJ.

HARBOUR CRUISE:
2pm, 3pm & 4pm.
Departs beyond Actons.

HERITAGE TOWN WALKS:
10.30am from the
Tourist Office. Also by
appointment.

KINSALE 5 MILE ROAD RACE:
From Kinsale RFC, 11am.
Family Walk, 10.30am.

MINDFULNESS CLASSES:
Commence at Kinsale
Yoga Centre, 7pm.

SILENT BANJO: The
Rambling Weavers, 8.30pm.

SPANIARD:
Skellig, 7pm - 9pm.

MON 8th SEPTEMBER

ARMADA BAR:
The Sea Captains.

BLUE HAVEN: Arundo & Irish
Dancers, 9pm.

DALTONS BAR:
Traditional Irish Music.

DON & BARRY'S HISTORIC STROLL:
The Tourist Office
9.15am, 11.15am.

HARBOUR CRUISE:
2pm & 3pm.
Departs beyond Actons.

HERITAGE TOWN WALKS:
10.30am from the
Tourist Office. Also by
appointment.

KINSALE COMMUNITY SCHOOL: Fetac Level 5
Business Studies course
commences.

LUCY FRENCH SCHOOL OF DANCE:
New term starts.

SWIMMING LESSONS:
With Olympic Swimmer Brian
Clifford, at Douglas Pool.
4pm - 6pm.

TUES 9th SEPTEMBER

ARMADA BAR:
The Merry Stems, 7.30pm.

BLUE HAVEN:
Sonnies & Friends, 9pm.

DALTONS BAR: Trad.

DON & BARRY'S HISTORIC STROLL:
The Tourist Office
9.15am, 11.15am.

HARBOUR CRUISE:
2pm & 3pm.
Departs beyond Actons.

HERITAGE TOWN WALKS:
10.30am from the
Tourist Office. Also by
appointment.

KINSALE BRIDGE CLUB:
Trident Hotel, 7.30pm.
Visitors welcome.

KINSALE & DOCK ROWING CLUB:
The Dock Slip from 6.30pm.

KINSALE PHOTOGRAPHIC SOCIETY:
Special guest John Hooten,
St. Multose Hall, 8pm, €5.

PARENT, BABY & TODDLER GROUP:
Temperance Hall,
10am - 12 noon, all welcome.

WHITE HOUSE:
Leon Buckley, 9pm.

WED 10th SEPTEMBER

ARMADA BAR:
The Merry Stems, 7.30pm.

BLUE HAVEN:
Niall McCabe, 9pm.

DON & BARRY'S HISTORIC STROLL:
The Tourist Office
9.15am, 11.15am.

FOLKHOUSE: Big Swinging
Mikeys, 9.30pm.

HARBOUR CRUISE:
2pm & 3pm.
Departs beyond Actons.

HERITAGE TOWN WALKS:
10.30am from the
Tourist Office. Also by
appointment.

K-CORD: Café reopening,
11am - 12.30pm.
Friary Centre, Kinsale.

KINSALE & DOCK ROWING CLUB:
The Dock Slip from 6.30pm.

SPANIARD: Skellig, 9pm.

THUR 11th SEPTEMBER

BACCHUS NIGHTCLUB:
DJ Mark, 11.30pm.

BLUE HAVEN: Arundo & Irish
Dancers, 9pm.

DALTONS BAR: Trad.

DON & BARRY'S HISTORIC STROLL:
The Tourist Office
9.15am, 11.15am.

FOLKHOUSE:
Jawbone, 9.30pm.

HARBOUR CRUISE:
2pm & 3pm.
Departs beyond Actons.

HERITAGE TOWN WALKS:
10.30am from the
Tourist Office. Also by
appointment.

K-CORD: Volunteer
evening, 7.30pm - 9pm.
Trident Hotel.

KINSALE & DOCK ROWING CLUB:
The Dock Slip from 6.30pm.

KINSALE GARDEN & FLOWER CLUB:
Echoes of Autumn,
demonstration by Christine
Hughes, St. Multose Hall, 8pm.

RAMPART PLAYERS:
Auditions at Temperance
Hall, 8pm.

WHITE HOUSE:
Shane & Friends, 9pm.



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